



# Moorefield Girls High School

## 'Moorefield Matters' eNewsletter

Issue 5 – Term 2, Week 6

28 May, 2021

### UPCOMING DATES

Wednesday 9 June

Years 9 & 10 Stand Tall Wellbeing Excursion

Tuesday 22 June

Years 7 & 11 Parent/Teacher Meetings, 3.30pm-6.00pm

Wednesday 23, Thursday 24,  
Friday 25 June

Year 7 Camp

Thursday 24, Friday 25 June

Year 9 Camp - Taronga Zoo

## Principal's Report

It is hard to believe we are already half way through Term 2. Soon we will be meeting at the Year 7-11 Parent Teacher Night; make sure you have the date in the diary (Tuesday 22 June) and that your email address provided to the school is up to date to ensure all correspondence for booking appointments reaches you. This week, I had the pleasure of being presented a cheque for \$3000 from Ramsgate RSL's School Care Project to launch our sustainability project on Reduce, Recycle, Reuse. More to come on this exciting project.

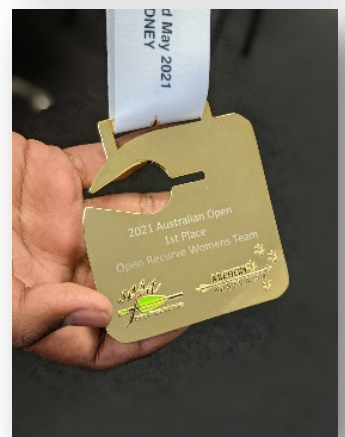


I would like to mention our Year 8 student, Ammrutha, who has just competed in the Australian Open for Archery, in the Open Women's category despite only being 13 years old. Ammrutha won the GOLD medal in the open event, beating many older competitors. This means she has now qualified for the Commonwealth Games and will also aim to compete at the next Olympic Games in Paris, 2024. Let's hope that we are able to run an excursion to Paris in 2024 to support her!



Lastly, tell everyone about our P&C Bunnings BBQ on Sunday 30 May, all day at Rockdale Bunnings. All proceeds come back into the school to support our girls.

**Ms Natalie Hale, Principal**



# Deputy Principal's Report

## Parental involvement is key

As a parent, you are the most influential factor in how your child views school and the community they're part of. Your involvement with their learning goes a long way towards your child becoming a capable, resilient and happy adult.

At a glance:

- Kids become better learners when their parents get involved in their education.
- Parental involvement encourages kids to pursue higher education.
- Parental involvement makes kids happier.
- Think laterally about how to get involved in your child's school life.
- Seek suggestions from your child's teacher if you run out of ideas.

## Better learners

Research shows that kids do better at school when parents get involved – in maths, English, their social relationships and their approaches to learning. It has also been proven that parental involvement leads to higher rates of children finishing school and higher aspirations toward further study. Some US studies even state that a parent's involvement in their child's learning is the biggest factor influencing their academic outcome. Now while that possibility could be almost as terrifying as it is encouraging, it does make you realise that no effort you make is wasted.

## Happier kids

When parents are involved in their child's school life, it leads to a happy and well-adjusted child, who has positive relationships with teachers and peers. If you find you need to have a tricky conversation with another parent or a teacher later in the year, it feels easier when you've already met them.

## Better coping skills

Resilience is the ability to bounce back from disappointments and traumas in life. Research shows that a sense of belonging to a community is a key factor in becoming resilient. Children are more resilient when they feel they are a valuable part of the community, and especially in their school community. Parents also develop greater resilience skills if they feel they are supported in their community.

## When kids get older - what kind of involvement?

You may notice invitations to help out with older kids may be few and far between as they become more independent and want more privacy. Just as you once hid the vegies in the spaghetti bolognese, you may need to think laterally about how to remain in touch with your child's high school without it being too obvious.

Ways to get involved in your child's high school:

- turn sausages at the P&C fundraising barbecue
- take part in your child's school camp organisation
- attend information evenings for subject selection and careers
- attend parent/ teacher meetings
- offer to talk about what you do for work in careers classes
- watch your children at the sports or swimming carnival
- occasionally take a few of your child's friends to activities
- share your cultural knowledge in sessions with teachers.



For further information to **Increase my child's wellbeing** please visit the department of education wellbeing webpage:

<https://education.nsw.gov.au/parents-and-carers/wellbeing?q>

**Mr N Tcaciuc, Deputy Principal (Rel.)**



## Sydney University Museum Excursion

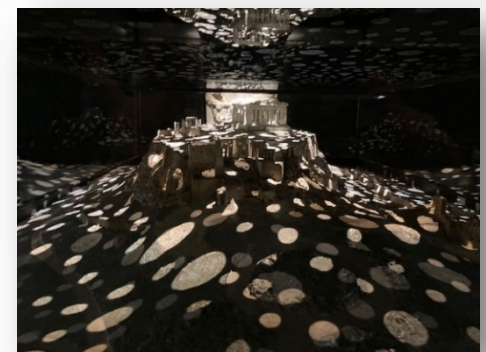
On Monday 3 May, Year 11 and 12 HSC students and students who are part of the High Potential and Gifted Education program, attended The Chau Chak Wing Museum at Sydney University, a new museum of art, science, history and ancient cultures.

Students participated in the Artefacts education program where they examined and analysed objects ranging from 3000-7000 years old, problem solving to reach a hypothesis on their provenance, use and significance in the Ancient world. In addition, our students explored 3 collections on display; Ancient cultures, Natural history and Science as well as the Sydney University Art Gallery.

The girls were given a tour of the Egyptian and mummy collections, Ancient Greek, Roman and Middle Eastern collections which reflect different stages of the history curriculum studied in years 7, 11 and 12.

Students delighted in a tour of Natural history and Science, and Ancient Aboriginal objects on display such as a giant squid as well as experiencing the Sydney University art collections of 19th and 20th century Art, Motifs in Chinese Art and constructions of the Acropolis and Pompeii.

It was an educational and enjoyable day where our students left with a sense of wonder and inspiration by the collections on display.



***Ms Golfinopoulos, HSIE Teacher, High Potential and Gifted Education Coordinator***

## Leadership Program

On Tuesday, 18 May we met with other student leaders from different schools around Sydney at the Parliament House of NSW. There, different members of parliament spoke to us about their roles and experiences which we found quite interesting and informative. They showed us the two chambers and the purpose of each seat. Afterwards, we went to the Government House where we had the opportunity to meet Her Excellency the Honourable Margaret Beazley AC QC, the Governor of New South Wales along with her husband, Dennis Wilson.

The day ended with a lovely afternoon tea, sharing stories and getting to know what she does as a governor. Overall, we are thankful for being given the opportunity to attend such an eventful and enjoyable leadership day.



*Kristine and Deena, Year 12*

## Year 10 Work Experience – can you help?

Are you or someone you know a part of a great workplace? Would you love to show students what work is like? Please contact the Careers Advisor Ms Thomson via email at [catherine.thomson2@det.nsw.edu.au](mailto:catherine.thomson2@det.nsw.edu.au) if you are able to give our students an opportunity for work experience in an amazing workplace. Year 10 work experience will happen 9-13 August.

## Upcoming Welfare Event reminders

**9 June** – Year 9 & 10 Stand Tall – permission notes and payments to be submitted ASAP.

**23 - 25 June** – Year 7 Camp - finalise payments and paperwork ASAP.

**24 - 25 June** – Year 9 Taronga Zoo – finalise payments and paperwork ASAP.

## School Health Alert

If you think a retail store is selling e-cigarettes that contain nicotine, or selling any tobacco or e-cigarette products to minors, please report it to NSW Health by completing the online reporting form: <https://www.health.nsw.gov.au/tobacco/Pages/let-us-know-reports-complaints.aspx>, or by calling the Tobacco Information Line on 1800 357 412.

Further information on e-cigarette is available on the NSW Health website at: [www.health.nsw.gov.au/tobacco/Pages/e-cigarette-young-people.aspx](http://www.health.nsw.gov.au/tobacco/Pages/e-cigarette-young-people.aspx)



## Athletics Carnival

On 18 May, our annual Athletics Carnival returned to Sylvania Waters, and what a magical day it was. The sun was shining, a welcome relief from the chilly days previous and although no records were broken many personal bests were achieved.

2021 welcomed the return of discus into our field event, joining high jump, long jump, and shot put. Our top results were:

High Jump – 1.26m Kayla u13

Long Jump – 3.97m Anastasia u16

Shot Put – 9.3m Kyra u14

Discus – 18.19m Mariam u12

Our track did not disappoint either. Our students competed in the 100, 200 & 1500m race. 2022 will see the return of the 400m.

100m – 14.41s Leila u12

200m – 28.00s Zahra u13

1500m - 7.14mins Natasha u13

We ran for the first time in many years a champion of champions race which Leila won by 0.02 over Elizabeth. We finished off a terrific day with our house relays. Our fastest 4 runners from each house based on their 100m heats. Lawson House won with Leila, Elizabeth, Zahra and Zaahida. We are now looking forward to another wonderful day where our team will represent us at Zone on 17 June.

***Ms M McCauley, Teacher, PDHPE***

## New School Jackets

These super warm jackets will be available soon from our uniform shop in a range of sizes. They will have our school logo only. Our Moore's Mini Store will sell them at cost price - \$60. We will let all parents and students know as soon as they are in for purchase.





| NSW Department of Education

## Explore the **Everyday Maths Hub** >

It is easier for children to understand maths when they relate it to something real and see it as part of their everyday life. The Everyday Maths Hub is designed to support parents and carers to bring mathematics into their home, the outdoors and anywhere else their children learn and play.

You can find the Everyday Maths Hub at  
[education.nsw.gov.au/everyday-maths](http://education.nsw.gov.au/everyday-maths)



## Update your contact information

Please keep your contact details current by informing the school whenever there is a change. You can update by phoning the school (9587 6095), emailing [moorefielg-h.school@det.nsw.edu.au](mailto:moorefielg-h.school@det.nsw.edu.au), or collecting a form from the office.



For more information about the events and activities of Moorefield Girls High School visit our website at: <http://www.moorefielg-h.schools.nsw.edu.au/>